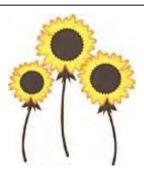
# **GARDEN GAZETTE**

# **AUGUST 2018**



#### RENOVATIONS UPDATE

The bids have been received and the Board has approved signing of the contract which should be within 30 days.

There will be a meeting scheduled with the resident in September or October.

Renovations should begin the first part of October.

Ken Vaughan, Executive Director

#### **SPRING GARDENS**

201 SPRING GARDENS ROAD BIRMINGHAM, AL 35217 PHONE: 841-5032 FAX: 1-205-841-5045

NITA CLARK – PROPERTY MGR.	EXT.# 1102
TAMMY WOMBLE - ASST. PROP. MGR.	EXT.# 1104
DEBORAH BUTLER- SERVICE COORDINATOR	EXT.# 1105
CATHY KING – HEALTH EDUCATOR	EXT.# 1106
ANNIE THOMAS – CENTER MGR.	EXT.# 1108

All Maintenance related calls should be directed to the maintenance department at

808-4177

**AAAAAAAAAAAAAAAAAAAAAAAAAAAAAA** 



SENIOR BINGS

THE SECOND MONDAY OF EACH MONTH.

COME AND JOIN US.

**AUGUST 13TH 9:30** 

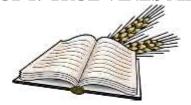
#### **BIBLE STUDY**

(Ruby Stringer)



AUGUST 13TH at 1:00

#### **BIBLE STUDY/ TRUE VINES MINISTRIES**



WILL MEET IN THE DINING ROOM

THURSDAYS 2PM

#### GARDENDALE FUNERAL HOME



The second Monday of each month a representative will be bringing cupcakes and will be available to answer questions you may have concerning pre-needs - funeral arrangements, burial policies

AUGUST13TH at 10:00

#### **HALAL PRAISE HOOPS**



**EVERY FRIDAY OF THE MONTH AT 10:00** 

Remember to keep saving your pull tops from any type cans for the Ronald McDonald House. There is a collection house located in the dining room.





**GRILL SAFETY** 

WHEN YOU'RE
COOKING THE GRILL
SHOULD BE PLACED A
MINIMUM OF 15 FEET
AWAY FROM THE
BUILDING.

Nita Clark and Tammy Womble are Notaries Public. If you need important documents notarized they are at your service, by appointment. You may reach Nita at 841-5032 ext.1102 or Tammy at 841-5032 ext.1104.

Please call before you come, to ensure they are available

#### INDEPENDENT LIFE INSURANCE

TERRY FULLER WILL DISCUSS THE COST OF LIFE INSURANCE AND ANSWER ANY QUESTIONS YOU MAY HAVE.

THERE WILL BE A DOOR PRIZE AND SNACKS.

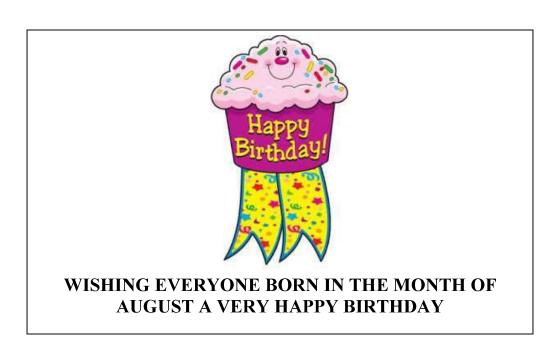
AUGUST 8<sup>TH</sup> 9:30AM

#### WHERE TO SUBMIT YOUR RENT

ALL RESIDENTS PLEASE MAKE YOUR CHECKS OR MONEY ORDERS PAYABLE TO JEFFERSON COUNTY HOUSING AUTHORITY (JCHA). MAIL YOUR PAYMENTS TO THE ADDRESS BELOW OR DROP IT IN THE DROP BOX LOCATED AT THE CENTER. **DO NOT LEAVE IT IN THE FRONT DOOR.** 

ALL RENT IS DUE BY THE 10<sup>TH</sup> OF EACH MONTH. 201 Spring Gardens Rd. Birmingham, AL 35217

> Center: (205) 841-5032 Maintenance: (205) 808-4177



### **SPECIAL CRAFT FOR AUGUST 2018**

#### **NOODLE WREATH**

(ALABAMA OR AUBURN) PLACE: CRAFT ROOM

DATE: AUG. 16TH AT 10 AM

# You must sign up no later than Aug. 9th



# HOT LUNCHES ARE SERVED DAILY AT 11:30 PLEASE SIGN IN BY 10:30 FOR SEATING



Lunches are provided by United Way Area Agency on Aging. Donations, in any amount, are appreciated but not required.

If you are physically unable to stand in line to receive your lunch a volunteer will be happy to serve you at your table. If you are in need of this service and are not currently on the table service list contact Nurse Cathy (841-5032) for evaluation.

The food items, drinks, flatware and cups that are provided by United Way Area Agency are the only items allowed in the dining room. NO EXCEPTIONS. Condiments are allowed as long as they are store bought and labeled.

No one under the age of 60 years of age (unless it is a resident) is allowed to be present during lunch or participate in any other activity held at the Center during business hours. This includes children.

#### Policy on Foods Taken Away from the Center

Participants receiving a congregate meal shall be allowed to take home fresh fruit, unopened cartons of fruit juice; wrapped cakes, cookies and snack cakes, individually wrapped portions of corn chips or potato chips. All other leftover foods shall be discarded at the end of the serving day.

\*\*Take only one serving of milk, juice, fruit, snack cakes & cookies with your meal. If there are leftover items, after everyone is served, you may help yourself to <u>one additional serving</u>. The milk must be consumed at the center.

If you would like to purchase an additional meal after everyone is served, they are available for \$3.35.

Hot lunches are ordered based on the number of people that support the center regularly and are served at 11:30, on a first come, first serve basis. The lunch tickets are limited to the number of meals ordered for any given day. Be sure to sign in daily by 10:30 to get yours before they are all gone. You must sign in and have a ticket to receive a meal. Please do not sign other people on the meal list unless they are in the building. We can not hold meals for people who have a ticket and are not present at the time lunch is served. No lunches will be served after 12:00.

\*\*If you receive frozen meals at your apartment, you are not eligible to receive the hot congregate meals served at the Center Dining Room. (Based on guidelines of United Way Area Agency on Aging)



JCCEO WILL BE HERE ON TUESDAY, AUGUST 21<sup>TH</sup> AT 9:00 A.M.

PLEASE CALL THE RECEPTIONIST TO MAKE AN APPOINTMENT. (205) 841-5032

APPOINTMENTS WILL BE MADE ON A FIRST COME BASIS.

NO APPOINTMENTS WILL BE MADE AFTER AUGUST 16<sup>TH</sup>DUE TO HAVING TO GIVE A HEAD COUNT.

PLEASE SEE REQUIRED ITEMS ATTACHED AT END OF NEWSLETTER.

NO COPIES WILL BE MADE THE DAY OF SERVICES.

IF YOU HAVE ANY QUESTIONS PLEASE CALL

Deborah Butler, Service Coordinator.

#### **SOUL AND SPICE**



COOKING DEMONSTRATION (Sandra Scott) AUG. 22<sup>ND</sup> AT 1:00 PM

## ESTATE PLANNING FAIR

(CENTER'S DINING ROOM)

Janice Williams, with Human-Community Services and Economic Development/Senior Services Division will at our Center to discuss planning your estate.

AUG. 10<sup>TH</sup> FROM 10AM - to 12 PM





# TRUE VINES is sponsoring a FUN DAY for our residents and their guest(s) (Center's dining room)

August 18th 9:00 am - 1:00 pm

## INSPIRATIONAL MESSAGE GAMES/HOTDOGS/CHIPS/SODAS/POPCORN







#### THE SINNERS BAND

#### **Band Members:**

Tim Dodgen, Larry Peoples, Mike Smith, Gary Osborn, Dave Hulsey and Ron Naramore

#### **About:**

Christian Music, Southern Style

#### Biography:

Our prayer is that God will use our music for His great purposes-to Him be the glory! Praise God!

#### **Influences:**

Jesus Christ our Lord and Savior

#### **GUEST PERFORMER: SAM FRAZIER, JR.**

Sam Frazier, Jr. can play the harp like Sonny Boy Williamson or sing a country tune like Charley Pride, a versatile and rare bluesman from Birmingham, AL.

(https://musicmaker.org/artists/sam-frazier-jr/)

Those of you that missed their performance, at our Center in June, really missed a terrific show.

#### **MUSIC FOR THE SOUL!**

August 30<sup>th</sup> at 1:00 pm Spring Gardens Center Dining Room