

GARDEN GAZETTE

JULY 2018



RENOVATIONS UPDATE

WE NOW HAVE A BID DATE OF JULY 12TH FOR RENOVATIONS. WE HOPE THAT THE RENOVATIONS WILL BEGIN BY OCTOBER 1ST OR SOONER, AND ANTICIPATE THIS TO BE A TWO YEAR PROJECT. THANKS TO THE RESIDENTS FOR YOUR PATIENCE AND UNDERSTANDING. UPDATES WILL BE GIVEN AS THEY ARE AVAILABLE.

Per: KEN VAUGHAN,
EXECUTIVE DIR.

SPRING GARDENS

201 SPRING GARDENS ROAD
BIRMINGHAM, AL 35217
PHONE: 841-5032
FAX: 1-205-841-5045

NITA CLARK – PROPERTY MGR.
TAMMY WOMBLE - ASST. PROP. MGR.
DEBORAH BUTLER- SERVICE COORDINATOR
CATHY KING – HEALTH EDUCATOR
ANNIE THOMAS – CENTER MGR.

EXT.# 1102
EXT.# 1104
EXT.# 1105
EXT.# 1106
EXT.# 1108

All Maintenance related calls
should be directed to the
maintenance department at

808-4177



SENIOR BINGO

THE SECOND MONDAY OF EACH MONTH.

COME AND JOIN US.

JULY 9TH 9:30

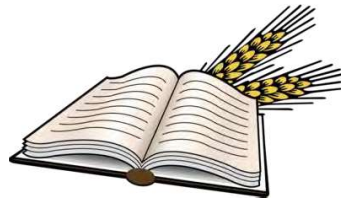
BIBLE STUDY

(Ruby Stringer)



JULY 9th at 1:00

BIBLE STUDY/ TRUE VINES MINISTRIES



WILL MEET IN THE DINING ROOM

THURSDAYS 2PM

GARDENDALE FUNERAL HOME



The second Monday of each month a representative will be bringing cupcakes and will be available to answer questions you may have concerning pre-needs - funeral arrangements, burial policies

JULY 9TH at 10:00

HALAL PRAISE HOOPS



EVERY FRIDAY OF THE MONTH AT 10:00

Remember to keep saving your pull tops from any type cans for the Ronald McDonald House. There is a collection house located in the dining room.



Nita Clark and Tammy Womble are Notaries Public. If you need important documents notarized they are at your service, by appointment. You may reach Nita at 841-5032 ext.1102 or Tammy at 841-5032 ext.1104.

Please call before you come, to ensure they are available



VIVA HEALTH/ BINGO

(ROB BALLARD – VIVA REP.)

JULY 16TH 9:30 AM

PARKING SPACES

THERE ARE NO ASSIGNED SPACES. ALL SPACES ARE FIRST COME, FIRST SERVE. PLEASE HAVE YOUR GUESTS PARK IN A MARKED PARKING SPACE AND NOT ON THE GRASS OR THE SIDES OF THE ROADS.



GRILL SAFETY

WHEN YOU'RE COOKING THE GRILL SHOULD BE PLACED A MINIMUM OF 15 FEET AWAY FROM THE BUILDING.



**WISHING EVERYONE BORN IN THE MONTH OF
JULY A VERY HAPPY BIRTHDAY**

MOVIE



© Can Stock Photo - csp4932890

I CAN ONLY IMAGINE

Growing up in Greenville, Texas, Bart Millard suffers physical and emotional abuse at the hands of his father, Arthur. When Arthur becomes terminally ill, he finds redemption by embracing his faith and rediscovering his love for his son. Years later, Bart's troubled childhood and mended relationship with his dad inspires him to write the hit song "I Can Only Imagine" as singer of the Christian band MercyMe.

JULY 11TH 9:30

**HOT LUNCHES ARE SERVED DAILY AT 11:30
PLEASE SIGN IN BY 10:30 FOR SEATING**



Lunches are provided by United Way Area Agency on Aging. Donations, in any amount, are appreciated but not required.

If you are physically unable to stand in line to receive your lunch a volunteer will be happy to serve you at your table. If you are in need of this service and are not currently on the table service list contact Nurse Cathy (841-5032) for evaluation.

The food items, drinks, flatware and cups that are provided by United Way Area Agency are the only items allowed in the dining room. NO EXCEPTIONS. Condiments are allowed as long as they are store bought and labeled.

No one under the age of 60 years of age (unless it is a resident) is allowed to be present during lunch or participate in any other activity held at the Center during business hours. This includes children.

Policy on Foods Taken Away from the Center

Participants receiving a congregate meal shall be allowed to take home fresh fruit, unopened cartons of fruit juice; wrapped cakes, cookies and snack cakes, individually wrapped portions of corn chips or potato chips. All other leftover foods shall be discarded at the end of the serving day.

****Take only one serving of milk, juice, fruit, snack cakes & cookies with your meal. If there are leftover items, after everyone is served, you may help yourself to one additional serving. The milk must be consumed at the center.**

If you would like to purchase an additional meal after everyone is served, they are available for \$3.35.

Hot lunches are ordered based on the number of people that support the center regularly and are served at 11:30, on a first come, first serve basis. The lunch tickets are limited to the number of meals ordered for any given day. Be sure to sign in daily by 10:30 to get yours before they are all gone. You must sign in and have a ticket to receive a meal. Please do not sign other people on the meal list unless they are in the building. We can not hold meals for people who have a ticket and are not present at the time lunch is served. No lunches will be served after 12:00.

****If you receive frozen meals at your apartment, you are not eligible to receive the hot congregate meals served at the Center Dining Room. (Based on guidelines of United Way Area Agency on Aging)**

SPECIAL CRAFT FOR JULY 2018

COUNTED CROSS STITCH
FOR TOTE BAG
PLACE: CRAFT ROOM
DATE: JULY 19TH AT 10 AM

You must sign up no later then July 13TH, 2018



We will be applying our cross stitch initials on a premade tote bag. If you would like to sign up for this, please do so at the front desk sign in sheet by July 13th, 2018.

WHERE TO SUBMIT YOUR RENT

ALL RESIDENTS PLEASE MAKE YOUR CHECKS OR MONEY ORDERS PAYABLE TO JEFFERSON COUNTY HOUSING AUTHORITY (JCHA). MAIL YOUR PAYMENTS TO THE ADDRESS BELOW OR DROP IT IN THE DROP BOX LOCATED AT THE CENTER. **DO NOT LEAVE IT IN THE FRONT DOOR.**

ALL RENT IS DUE BY THE 10TH OF EACH MONTH.

201 Spring Gardens Rd.
Birmingham, AL 35217

Center: (205) 841-5032
Maintenance: (205) 808-4177

July 2018

July 2018						
Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				


August 2018						
Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Jul 1 - 7	Jul 1	2	3	4	5	6	7
		10:30am Walking 11:00am puzzle handout	EXTERIOR PEST CONT 9:00am Banks/Foodland 10:00am Ceramics 10:30am Walking	CLOSED INDEPENDENCE DAY	10:00am Crafts 10:30am Walking 2:00pm True Vines Ministries	10:00am HALAL 11:30am Puzzle Handout	
Jul 8 - 14	8	9	10	11	12	13	14
		9:30am SENIOR BINGO 10:00am G'DALE FUNERAL HOME 1:00pm BIBLE STUDY	EXTERIOR PEST CONT 10:00am Ceramics 10:30am Walking 11:00am HAND OUT	9:30am MOVIE 10:30am HEALTH CHECKS 10:30am Walking	9:00am Wal-Mart 10:00am Crafts 2:00pm True Vines Ministries	10:00am HALAL 11:30am Puzzle Handout	
Jul 15 - 21	15	16	17	18	19	20	21
		9:30am BINGO/ VIVA HEALTH 10:30am Walking	EXTERIOR PEST CONT 10:00am Ceramics 10:30am Walking	10:30am HEALTH CHECKS 10:30am Walking 11:30am lunch handou 1:00pm Corner Market 1:00pm Jernigans	10:00am Crafts 10:30am Walking 2:00pm True Vines Ministries	10:00am HALAL 11:30am Puzzle Handout	
Jul 22 - 28	22	23	24	25	26	27	28
		10:30am Walking 11:30am lunch handout	EXTERIOR PEST CONT 10:00am Ceramics 10:30am Walking	10:30am HEALTH CHECKS 10:30am Walking	9:00am Wal-Mart 10:00am Crafts 2:00pm True Vines Ministries	10:00am HALAL 11:30am Puzzle Handout	
Jul 29 - Aug 4	29	30	31	Aug 1	2	3	4
		10:30am Walking 11:30am lunch handout	10:00am Ceramics 10:30am Walking				

JULY

ADSS NUTRITION PROGRAM

SUMMER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Menu 1 2 Blended Juice Chop Steak/Gravy Whipped Potatoes Green Peas Whole Wheat Bread Margarine Nutty Buddy Milk	Independence Day Meal 3 BBQ Chicken Legs (2) Baked Beans Coleslaw Fresh Fruit Texas Bread Margarine Banana Pudding/Wafers Milk	Menu 4 4  Centers Closed	Menu 5 5 Cranberry Juice BBQ Rib Patty/Bun Green Limas Corn O'Brien Marble Cake Milk	Menu 6 6 Taco Salad: Taco Meat Taco Salad Mix Pinto Beans Corn Chips Taco Sauce Sour Cream Orange Gelatin Milk
Menu 6 9 Blended Juice Beef Stroganoff Garden Vegetables Mandarin Oranges/Pineapples Whole Wheat Bread Margarine Fig Bar Milk	Menu 7 10 Meatloaf/Tomato Gravy Delmonico Potatoes Green Beans Sliced Peaches Whole Wheat Bread Margarine Yellow Cake Milk	Menu 8 11 Turkey/Cheese Sandwich Sliced Turkey/Cheese -- 2 slices ea. Wheat Bread - 2 Lettuce/Tomato Mayonnaise/Mustard Sun Chips Three Bean Salad Fresh Fruit Milk	Menu 9 12 Apple Cherry Juice Hot Dog/Bun Baked Beans Coleslaw/carrots Diced Onions Ketchup/Mustard/Mayonnaise Hot Apple Cobbler Milk/Chocolate Milk	Menu 10 13 Grape Juice Beef Strips/Gravy (3) Country Potatoes Mixed Greens Cornbread Margarine Raspberry Gelatin Milk/Buttermilk
Menu 11 16 Cranberry Juice Sausage Patty (3) Hashbrown Casserole Hot Spiced Apples Biscuit Margarine/Jelly Whole Grain Bran Flakes Milk	Menu 12 17 Meatballs /Spaghetti Sauce (3) Whole Grain Penne/Tomatoes Parslied Carrots Fresh Fruit Texas Bread Margarine Fudge Round Milk	Menu 13 18 Orange Juice BBQ Chicken/Bun Field Peas/Snaps Baked Potato Salad Lemon Fruited Gelatin Milk	Menu 14 19 Chicken Taco Meat Whole Kernel Corn Fiesta Vegetables Taco Salad Mix (1/2 cup) Flour Tortilla Taco Sauce Sour Cream Oatmeal Crème Pie Milk	Menu 15 20 Apple Juice Ham & Macaroni Casserole Mustard Greens Okra and Tomatoes Cornbread Margarine Chocolate Cake/Whipped Topping Milk/Buttermilk
Menu 16 23 Orange Juice Chicken Jambalaya Italian Green Beans Glazed Carrots Whole Wheat Bread Margarine Jelly Crème Pie Milk	Menu 17 24 Hamburger/Bun Baked Beans Corn Salad Lettuce/Tomato/Onion Ketchup/Mustard/Mayonnaise Hot Peach Cobbler Milk/Chocolate Milk	Menu 18 25 Blended Juice Smoked Sausage Black-eyed Peas Turnip Greens Cornbread Margarine Cherry Fruited Gelatin Milk/Buttermilk	Menu 19 26 Cheesy Beef Casserole Mixed Vegetables Tossed Salad/Ranch Dressing Fresh Fruit Dinner Roll Margarine Assorted Snack Cake/Cookie Milk	Menu 20 27 Apple Juice Smothered Chicken Legs (2) Mixed Beans Broccoli Casserole Wheat Bread Margarine White Cake Milk
Menu 21 30 Blended Juice Chop Steak/Gravy Whipped Potatoes Green Peas Whole Wheat Bread Margarine Nutty Buddy Milk	Menu 22 31 Glazed Ham Whipped Sweet Potatoes Collard Greens Fresh Fruit Cornbread Margarine Strawberry Swirl Pudding Milk/Buttermilk	