GARDEN GAZETTE

December 2026



SPRING GARDENS APARTMENTS
201 Spring Gardens Rd.
Birmingham, AL 35217
Business Office:(205) 841-50
Maintenance: (205) 808-4177
Property Manager: Catherine Duncan Ex.1102Service Coordinator: Tiffany Oden Ex.1107
Senior Center Manager: Ronda Graham Ex.1108

TRUE VINE MINISTRY
BIBLE STUDY WITH
MINISTER HOBBS EVERY
FRIDAY 1PM



QD'S BOUTIQE
1-256-849-9427(TP)
LASHUN CARPENTER
Dec.8, 2026
10:00AM

D'VYNE RESILIENCE
1-205-249-7207(TP)
Paparazzi Jewelry
KIM CROOM
Dec.8,2026
10:00AM



HAPPY BIRTHDAY TO ALL THE RESIDENTS BORN IN December!!!



HEALING TRUTH MINISTRY
Bible Study with Janice Marshall
EVERY THURSDAY 2PM

Spring Gardens Bingo
12 -21-2026
10:00 AM

CREATIVE EXPRESSIONS(CRERMICS)
TUESDAY&THURSDAY 12PM-3PM

HOT LUNCHES ARE SERVED DAILY AT 11:30
PLEASE SIGN IN BY 10:30 FOR SEATING



Lunches are provided by the United Way Area Agency on Aging.

Donations, in any amount, are appreciated but not needed. The food items, drinks, flatware, and cups that are provided by United Way Area Agency are the only items allowed in the dining room. NO EXCEPTIONS.
Condiments are allowed if they are store bought and labeled.
No one under the age of 60 years of age (unless it is a resident) is allowed present during lunch or participate in any other activity held at the Center during business hours. This includes children.

Policy on Food Taken Away from the Center

Participants receiving a congregate meal shall be allowed to take home fresh fruit, unopened cartons of fruit juice; wrapped cakes, cookies, and snack cakes, individually wrapped portions of corn chips or potato chips. All other leftover foods shall be discarded at the end of the serving day.

** Take only one serving of milk, juice, fruit, snack cakes & cookies with your meal. If there are leftover items, after everyone is served, you may help yourself with one more serving.

If you would like to buy an added meal after everyone is served, they are available for $6.00.

Hot lunches are ordered based on the number of people that support the center regularly and are served at I I :30, on a first-come, first-served basis. The lunch tickets are limited to the number of meals ordered for any given day. Be sure to sign in daily by 10:30 to get yours before they are all gone. You must sign up and have a ticket to receive a meal. Please do not sign other people on the meal list unless they are in the building. We cannot hold meals for people who have a ticket and are not present at the time lunch is served.
No lunches will be served after 12:00PM.
* you receive frozen meals at your apartment, you are not eligible to receive the hot congregate meals served at the Center Dining Room.

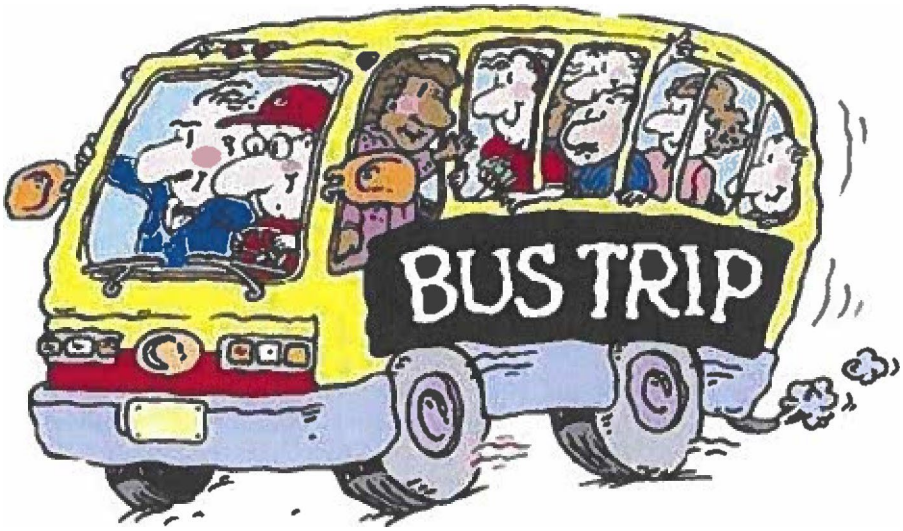
Spring Gardens Library



Please visit our beautiful library at the Senior Center.
Ms. Veeda Posey has worked extremely hard getting it organized for us.
Enjoy quiet time with a book or take home a movie for your enjoyment.



TAI CHI WITH ADRIENE
9:15 AM EVERY THURSDAY



BUS TRIPS FOR DECEMBER 2026

DECEMBER 2 ND - BANKS/WAL-MART
DECEMBER 9TH - PUBLIX MALL
DECEMBER 16TH - TARGET MALL/ ALIDI
DECEMBER 22 ND (TUES) WAL-MART(TRUSSVILLE) SAM'S
DECEMBER 29TH (TUES)OLIVE GARDEN WAL-MART

THE BUS LEAVES PROMPTLY AT 12:00 P.M.

YOU'RE INVITED!

CHRISTMAS MOVIE & PAJAMA PARTY

Wear Your Favorite Christmas Pajamas!

GOOD MOVIES WARM DRINKS GREAT FRIENDS

MERRY & BRIGHT

POP CORN

Movies Make Christmas Brighter

THURSDAY, DECEMBER 10, 2026
12:00 PM
SPRING GARDENS SENIOR CENTER

Movie: *A Carol for Two*

THURSDAY, DECEMBER 17, 2026
12:00 PM
SPRING GARDENS SENIOR CENTER

Movie: *The Gospel of Christmas*

Cozy up with friends and enjoy a festive Christmas movie filled with holiday cheer!

SANTA'S ELVES WILL BE SERVING


HOT CHOCOLATE


DIRTY EGGNOG


APPLE CIDER


CHRISTMAS COOKIES

- COZY PJS
- MOVIE FUN
- HOLIDAY TREATS

Bring Your Holiday Cheer!

EVERYONE IS WELCOME!

IT'S A SEASON FOR KINDNESS

MERRY CHRISTMAS FROM THE SPRING GARDENS TEAM!

Join Us at the Spring Garden Senior Center

The 12 Days of Christmas

1st December 1st

Ugly Sweater Day

2nd December 2nd

Christmas Socks

3rd December 3rd

Santa Hat Day

4th December 4th


Bingo

7th December 7th

Christmas Carols

8th December 8th

Reindeer Games Day
Wear Your Antlers!

9th December 9th

Blue Christmas
Wear Blue

10th December 10th

Elf Day
Dress Like an Elf or Wear Green!

11th December 11th

Flannel Festive
Wear Flannel

14th December 14th

Christmas Karaoke

15th December 15th

Christmas Penny Auction

16th December 16th

Candy Cane Lane
Wear Red & White

Let's Celebrate the 12 Days of Christmas Together!

Merry Christmas!

DECEMBER 2026 — ADSS NUTRITION PROGRAM FALL MENU — FALL FY27

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Menu 2 Grape Juice Chicken Cordon Bleu Casserole Country Corn California Vegetables Whole Wheat Bread White Cake Milk Margarine	2 Menu 3 Turkey Pot Roast Stew (1 cup) Whipped Potatoes Fresh Fruit Whole Grain White Roll Chocolate Pudding Milk Margarine	3 Menu 4 Taco Salad: Taco Seasoned Beef Lettuce/Cheese/Tomato Corn Chips Mexican Beans Lime Fruited Gelatin Milk/Chocolate Milk Sour Cream/Taco Sauce	4 Menu 5 Orange/Pineapple Juice Ham and White Beans Buttered Rice Turnip Greens Cornbread Oreo Cookies Milk Margarine
7 Menu 6 Smothered Chicken Cheesy Garlic Potatoes Mixed Vegetables Fresh Fruit Texas Bread Chocolate Moon Pie Milk Margarine	8 Menu 7 Italian Meatballs Penne Noodles with Sauce Garden Vegetable Blend Pineapple Tidbits Whole Grain White Roll Fudge Round Milk Margarine	9 Menu 8 Cranberry Juice Frankfurter and Hotdog Bun Baked Beans Coleslaw Apple Dump Cake Milk/Chocolate Milk Onion Packet Mustard/Ketchup	10 Menu 9 Orange Pineapple Juice Chili with Beef and Beans Buttered Rice Parslied Carrots Cornbread Nutty Buddy Milk Margarine	11 Menu 10 Orange Juice Cajun Chicken Pasta Cabbage Green Peas Texas Bread Chocolate Cake Milk Margarine 
14 Menu 11 Grape Juice Meatloaf with Tomato Gravy Whipped Potatoes Peas and Carrots Whole Wheat Bread Shortbread Cookies Milk Margarine	15 Menu 12 Chicken Tetrazzini Green Beans Okra and Tomatoes Sliced Peaches Whole Grain White Roll Yellow Cake Milk Margarine	16 Menu 13 Hamburger Patty Baked Beans Potato Chips Lettuce/Onion/Tomato Hamburger Bun Cherry Fruited Gelatin Milk/Chocolate Milk Mustard/Ketchup/Mayonnaise	17 Menu 14 Tropical Juice Macaroni and Cheese Black-eyed Peas Collard Greens Cornbread Rice Krispy Treat Milk Margarine	18 Theme Menu Pineapple Glazed Ham Sweet Potato Casserole Green Beans with Mushrooms Ambrosia Fruit Cup Whole Grain White Roll Iced Coconut Cake Milk Margarine
21 Menu 16 Orange Pineapple Juice Taco Soup Buttered Rice Mixed Fruit Corn Chips (Bulk) Oatmeal Crème Pie Milk Sour Cream	22 Menu 17 Grape Juice Chicken Pot Pie Whole Kernel Corn Green Beans Texas Bread Chocolate Cake Milk Margarine	23 Menu 18 Pizza Tortellini Casserole (1 cup) Mixed Vegetables Pineapple Tidbits Whole Grain White Roll Banana Moon Pie Milk Margarine		25 
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