

GARDEN GAZETTE

April 2026



SPRING GARDENS APARTMENTS

201 Spring Gardens Rd.

Birmingham, AL 35217

Business Office: (205) 841-5032

Maintenance: (205) 808-4177

Property Manager: Qiana Crenshaw Ex.1102

Service Coordinator: Vanessa Anderson Ex.1105

Senior Center Manager: Ronda Graham Ex.1108

QD'S BOUTIQUE
LASHUN CARPENTER
APRIL 8, 2026
10:00AM

**ALL PETS
MUST BE
ON A LEASH**



**PLEASE CLEAN UP
AFTER YOUR PET**

D'VYNE RESILIENCE

Paparazzi Jewelry
KIM CROOM
APRIL 8, 2026
10:00AM



**HAPPY BIRTHDAY TO ALL THE
RESIDENTS BORN IN
April!!!**



HEALING TRUTH MINISTRY
Bible Study w/ Janice Marshall
EVERY THURSDAY 2pm

**CREATIVE
EXPRESSIONS(CRERMICS)
TUESDAY&THURSDAY
12PM-2PM**

**Spring
Gardens
Bingo
4-23-2026
10:00 AM**

**HOT LUNCHES ARE SERVED DAILY AT 11:30
PLEASE SIGN IN BY 10:30 FOR SEATING**



Lunches are provided by the United Way Area Agency on Aging. Donations, in any amount, are appreciated but not needed. The food items, drinks, flatware, and cups that are provided by United Way Area Agency are the only items allowed in the dining room. NO EXCEPTIONS. Condiments are allowed if they are store bought and labeled. No one under the age of 60 years of age (unless it is a resident) is allowed present during lunch or participate in any other activity held at the Center during business hours. This includes children.

Policy on Food Taken Away from the Center

Participants receiving a congregate meal shall be allowed to take home fresh fruit, unopened cartons of fruit juice; wrapped cakes, cookies, and snack cakes, individually wrapped portions of corn chips or potato chips. All other leftover foods shall be discarded at the end of the serving day.

****Take only one serving of milk, juice, fruit, snack cakes & cookies with your meal. If there are leftover items, after everyone is served, you may help yourself with one more serving.**

If you would like to buy an added meal after everyone is served, they are available for \$6.00.

Hot lunches are ordered based on the number of people that support the center regularly and are served at 11:30, on a first-come, first-served basis. The lunch tickets are limited to the number of meals ordered for any given day. Be sure to sign in daily by 10:30 to get yours before they are all gone. You must sign up and have a ticket to receive a meal. Please do not sign other people on the meal list unless they are in the building. We cannot hold meals for people who have a ticket and are not present at the time lunch is served. No lunches will be served after 12:00PM.

****If you receive frozen meals at your apartment, you are not eligible to receive the hot congregate meals served at the Center Dining Room.**

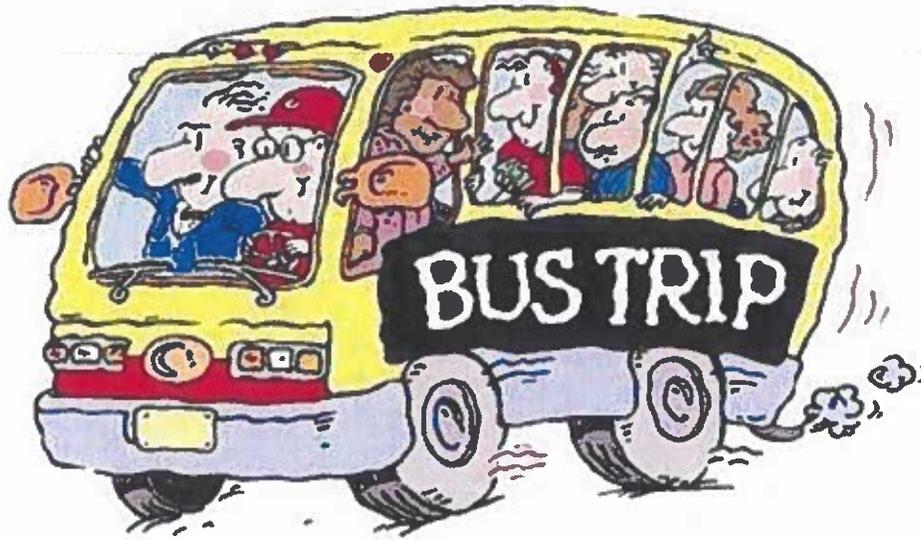
Spring Gardens Library



Please visit our beautiful library at the Senior Center.
Ms. Veeda Posey has worked extremely hard getting it organized for us.
Enjoy quiet time with a book or take home a movie for your enjoyment.



TAI CHI WITH ADRIENE
9:15 AM EVERY THURSDAY



BUS TRIPS FOR
APRIL 2026

APRIL 1ST - BANKS/WALMART
APRIL 8TH GRANDRIVER
APRIL 15TH - FULL MOON
APRIL 22ND - ROSE'S/ALDI
APRIL 29TH THRIFT STORE (EASTWOOD MALL)

THE BUS LEAVES PROMPTLY AT 12PM

SPRING GARDENS

AIR FILTER MONTH

STARTING
APRIL 13TH 2026



Benefits:

- Improved Air Quality
- Better HVAC System Efficiency
- Extended HVAC Lifespan
- Consistent Temperature and Comfort
- Health and Safety



JEFFERSON COUNTY
HOUSING AUTHORITY

www.reallygreatsite.com

CONTACT US

PEST CONTROL SERVICE SCHEDULE 2026

Attention Residents of Spring Gardens, Hickory Ridge, and Brighton Gardens.

To better serve our communities, pest control services are as follows:

Monthly rotation by property.

Alternating between interior and exterior treatments.

The color code system has been discontinued.

MONTHLY SERVICE ROTATION 2026

January 2026 Interior

February 2026 Exterior

March 2026 Interior

April 2026 Exterior

May 2026 Interior

June 2026 Exterior

July 2026 Interior

August 2026 Exterior

September 2026 Interior

October 2026 Exterior

November 2026 Interior

December 2026 Exterior

- Brighton Gardens pest control service every second Thursday of the month.
- Spring Gardens and Hickory Ridge pest control is performed every Tuesday of the month.

Communities are serviced by property, not by color.

RESIDENT REMINDERS:

- ✓ During interior service months, please allow access to your unit.
- ✓ Secure pets prior to service.
- ✓ Report pest concerns to management office.

Thank you for your cooperation as we work to maintain a clean, healthy community.



JCHA

HOUSING AND DEVELOPMENT

Better Communities • Brighter Future



SPRING GARDENS • HICKORY RIDGE • BRIGHTON GARDENS 2026 PEST CONTROL SCHEDULE

Routine pest control services will be performed throughout 2026 to ensure a clean and safe community environment.

SPRING GARDENS

Service Day: Tuesday

1st Week: Spring Gardens 1

2nd Week: Spring Gardens 2

3rd Week: Spring Gardens 3 & 4

HICKORY RIDGE

Service Day: Tuesday

4th Week: Hickory Ridge 1-3

BRIGHTON GARDENS

Service Day: Every Second Thursday of the Month

IMPORTANT REMINDERS

- Please ensure access to your unit on your scheduled service day.
- Secure pets during treatment.



MOBILE MARKET & WELLNESS

APRIL 6, 2026

Wellness 10:30 am- 2:30 pm

Market 12:30 pm- 2:30pm

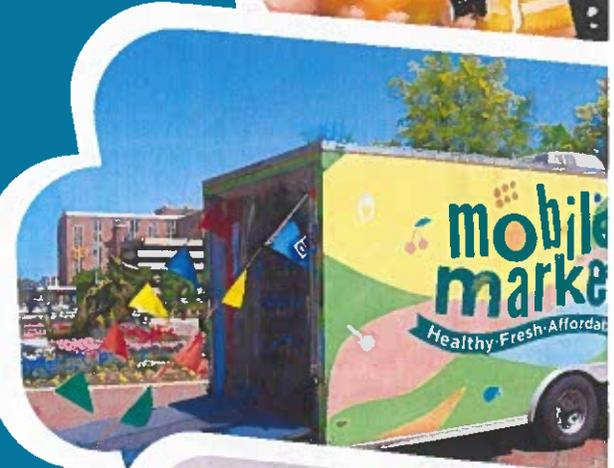
SPRING GARDENS

201 Spring Gardens Rd
Birmingham, AL 35217

\$10 Market Voucher upon Wellness Completion

MAKING GOOD HEALTH SIMPLE

Visit the Mobile Market for nutritious food at an affordable price. Stop by the Mobile Wellness van for a comprehensive health screening at no cost.



don't miss it!

Introducing Spring Gardens Creative Expressions

WEEKLY CLASSES

12PM - 2PM

TUESDAY

CERAMICS

THURSDAY

CERAMICS

Thursdays will now be designated as **Craft Day**, which may include a variety of creative activities such as crocheting, wreath making, jewelry making, holiday decorations, canvas painting, and other hands-on artistic projects.



Step by Step help to setting up your “My Social Security” Account correctly



Go Digital! Create your personal *my* Social Security account today

Some of the things you can do with a *my* Social Security account

- **Request a replacement Social Security card**
- **Upload documents and submit online forms**
- **Get personalized retirement benefit estimates**
- **Get proof that you do not receive benefits**
- **Check your application status**
- **Get your *Social Security Statement***
- **Set up or change direct deposit**
- **Print a benefit verification letter**



Senior Game Afternoon

🎲🎲 YOU'RE INVITED! 🎲🎲

Come join us for an afternoon of fun, laughter, and friendly competition!

Day: Thursday, April 23, 2026

🕒 **Time:** 12:00 pm to 1:00 pm

📍 **Location:** Spring Gardens Senior Center

Enjoy:

- ✓ Bingo
- ✓ Card Games
- ✓ Dominoes
- ✓ Trivia
- ✓ Board Games
- ✓ Refreshments

For more information contact Service Coordinator: Vanessa Anderson, 205 841-5032

ext.1105

**FROM THE STAFF OF SPRING
GARDENS*******



Wishing you a
happy and
blessed Easter