

GARDEN GAZETTE

MARCH 2026



SPRING GARDENS APARTMENTS

**201 Spring Gardens Rd.
Birmingham, AL 35217
Business Office: (205) 841-5032
Maintenance: (205) 808-4177**

**Property Manager: Qiana Crenshaw Ex.1102
Service Coordinator: Vanessa Anderson Ex.1105
Senior Center Manager: Ronda Graham Ex.1108**

QD'S BOUTIQUE
LASHUN CARPENTER
MARCH 4, 2026
10:00AM

**ALL PETS
MUST BE
ON A LEASH**



**PLEASE CLEAN UP
AFTER YOUR PET**

D'VYNE RESILIENCE

Paparazzi Jewelry
KIM CROOM
MARCH 4, 2026
10:00AM



**HAPPY BIRTHDAY TO ALL THE RESIDENTS BORN IN
MARCH!!!**

DEBBIE'S BIBLE STUDY
EVERY 2ND
MONDAY OF THE MONTH
IN THE LIBRARY
10AM

CERAMICS 10am-2pm
MONDAYS & WEDNESDAYS



HEALING TRUTH MINISTRY
Bible Study w/ Janice Marshall
EVERY THURSDAY 2pm

**Spring
Gardens
Bingo
3-26-2026
10:00 AM**

**HOT LUNCHES ARE SERVED DAILY AT 11:30
PLEASE SIGN IN BY 10:30 FOR SEATING**



Lunches are provided by the United Way Area Agency on Aging.

Donations, in any amount, are appreciated but not needed.

The food items, drinks, flatware, and cups that are provided by United Way Area Agency are the only items allowed in the dining room. NO EXCEPTIONS.

Condiments are allowed if they are store bought and labeled.

No one under the age of 60 years of age (unless it is a resident) is allowed present during lunch or participate in any other activity held at the Center during business hours. This includes children.

Policy on Food Taken Away from the Center

Participants receiving a congregate meal shall be allowed to take home fresh fruit, unopened cartons of fruit juice; wrapped cakes, cookies, and snack cakes, individually wrapped portions of corn chips or potato chips. All other leftover foods shall be discarded at the end of the serving day.

****Take only one serving of milk, juice, fruit, snack cakes & cookies with your meal. If there are leftover items, after everyone is served, you may help yourself with one more serving.**

If you would like to buy an added meal after everyone is served, they are available for \$6.00.

Hot lunches are ordered based on the number of people that support the center regularly and are served at 11:30, on a first-come, first-served basis. The lunch tickets are limited to the number of meals ordered for any given day. Be sure to sign in daily by 10:30 to get yours before they are all gone. You must sign up and have a ticket to receive a meal. Please do not sign other people on the meal list unless they are in the building. We cannot hold meals for people who have a ticket and are not present at the time lunch is served. No lunches will be served after 12:00PM.

****If you receive frozen meals at your apartment, you are not eligible to receive the hot congregate meals served at the Center Dining Room.**

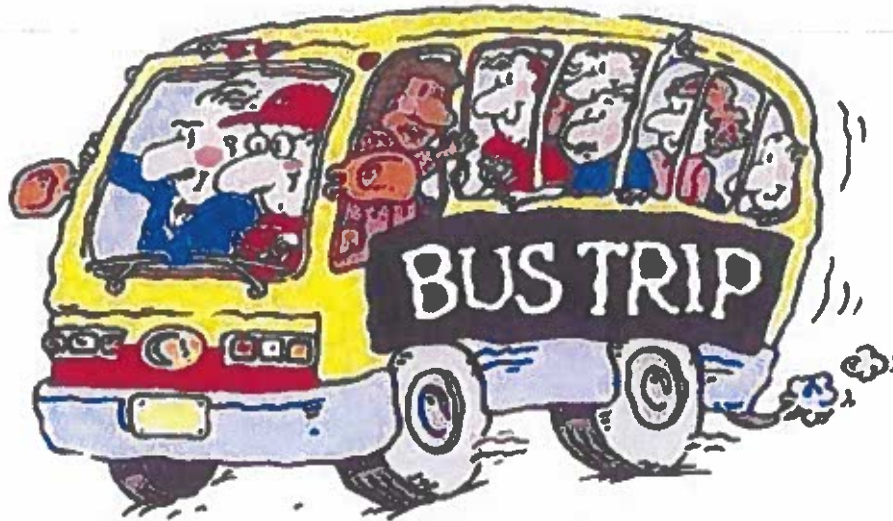
Spring Gardens Library



Please visit our beautiful library at the Senior Center.
Ms. Veeda Posey has worked extremely hard getting it organized for us.
Enjoy quiet time with a book or take home a movie for your enjoyment.



TAI CHI WITH ADRIENE
9:15 AM EVERY THURSDAY



BUS TRIPS FOR
MARCH 2026

MARCH 4TH - BANKS/WALMART

**MARCH 11TH THIFT STORE(G'DALE) HAMBUGER
HEAVEN**

MARCH 18TH – PUBLIX MALL

MARCH 25TH – TARGET MALL

THE BUS LEAVES PROMPTLY AT 12PM



*****JOIN US FOR A
***SPRING GARDENS
***ST. PATRICK'S DAY
***SOCIAL ON MARCH
***17,2026 @ 12:30AM.
***AT THE SPRING
GARDENS CENTER*****

☀️ **CALLING ALL SENIORS!** ☀️

YOU ARE INVITED TO PARTICIPATE IN OUR

SENIOR FASHION & TALENT SHOW

 **THURSDAY, MARCH 19, 2026**

 **TIME:** 12:00 pm

 **LOCATION:** Spring Gardens Senior Center

 **FASHION SHOW**

- Wear your favorite outfit
- Casual, dressy, cultural, or creative
- Suits, hats, dresses, accessories. Your choice!
- Walk the runway at your own pace

 **TALENT SHOW**

Share your talent, such as: Singing, Dancing, Poetry, Comedy, etc. **NO EXPERIENCE NEEDED**

SIGN UP TO PARTICIPATE

SIGN-UP DEADLINE: 03/12/2026

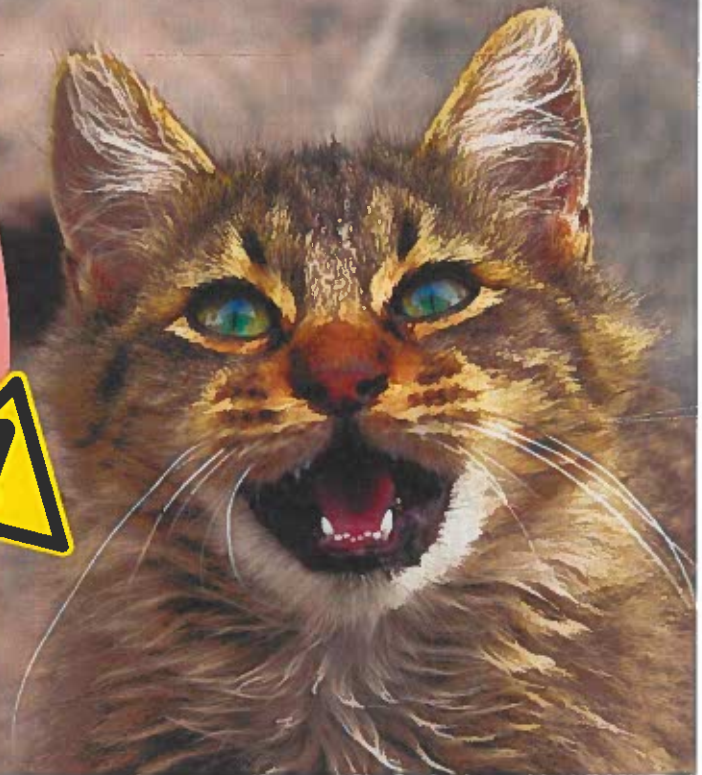
CONTACT: Service Coordinator- Vanessa Anderson

PHONE: 205 841-5032 ext. 1105

EVERYONE IS WELCOME!

**Hey!
Please
do not
feed the
strays.**

Spring Gardens Management



Dear Residents,

We kindly ask that you do not leave food outside to feed stray animals. While we appreciate your compassion for animals, leaving food out attracts wildlife such as possums and raccoons, which creates safety and sanitary concerns for our community.

Thank you for your understanding and cooperation.

— Management



HOUSING AND DEVELOPMENT
CORPORATION

RECERTIFICATION PARTY

MARCH 23 2026

12 NOON

SPRING GARDENS
COMMUNITY CENTER

TENANTS WITH LAST NAMES
S-Z ONLY!

Please bring the following documents:

- ✓ DRIVER'S LICENSE
- ✓ SOCIAL SECURITY CARD
- ✓ 2026 INCOME LETTER

LIGHT REFRESHMENTS
WILL BE SERVED!



SPRING GARDENS MOBILE BANKING

PNC BANK



Open an account

ATM Available

Get help with debit cards

Financial Education

Set up direct deposit

12TH March 2026 | 9:00 AM - 11:00AM