

# GARDEN GAZETTE

MARCH 2026



## SPRING GARDENS APARTMENTS

201 Spring Gardens Rd.  
Birmingham, AL 35217  
Business Office: (205) 841-5032  
Maintenance: (205) 808-4177

Property Manager: Qiana Crenshaw Ex.1102  
Service Coordinator: Vanessa Anderson Ex.1105  
Senior Center Manager: Ronda Graham Ex.1108

ALL PETS  
MUST BE  
ON A LEASH



PLEASE CLEAN UP  
AFTER YOUR PET

**QD'S BOUTIQUE**  
**LASHUN CARPENTER**  
**MARCH 4, 2026**  
**10:00AM**

**D'VYNE RESILIENCE**  
**Paparazzi Jewelry**  
**KIM CROOM**  
**MARCH 4, 2026**  
**10:00AM**



**HAPPY BIRTHDAY TO ALL THE RESIDENTS BORN IN  
MARCH!!!**

**DEBBIE'S BIBLE STUDY**  
EVERY 2<sup>ND</sup>  
MONDAY OF THE MONTH  
IN THE LIBRARY  
10AM

**CERAMICS 10am-2pm**  
**MONDAYS & WEDNESDAYS**



**HEALING TRUTH MINISTRY**  
**Bible Study w/ Janice Marshall**  
**EVERY THURSDAY 2pm**



HOT LUNCHES ARE SERVED DAILY AT 11:30  
PLEASE SIGN IN BY 10:30 FOR SEATING



**Lunches are provided by the United Way Area Agency on Aging.**

**Donations, in any amount, are appreciated but not needed.**

**The food items, drinks, flatware, and cups that are provided by United Way Area Agency are the only items allowed in the dining room. NO EXCEPTIONS.**

**Condiments are allowed if they are store bought and labeled.**

**No one under the age of 60 years of age (unless it is a resident) is allowed present during lunch or participate in any other activity held at the Center during business hours. This includes children.**

**Policy on Food Taken Away from the Center**

Participants receiving a congregate meal shall be allowed to take home fresh fruit, unopened cartons of fruit juice; wrapped cakes, cookies, and snack cakes, individually wrapped portions of corn chips or potato chips. All other leftover foods shall be discarded at the end of the serving day.

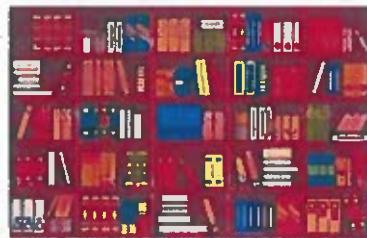
**\*\*Take only one serving of milk, juice, fruit, snack cakes & cookies with your meal. If there are leftover items, after everyone is served, you may help yourself with one more serving.**

If you would like to buy an added meal after everyone is served, they are available for \$6.00.

Hot lunches are ordered based on the number of people that support the center regularly and are served at 11:30, on a first-come, first-served basis. The lunch tickets are limited to the number of meals ordered for any given day. Be sure to sign in daily by 10:30 to get yours before they are all gone. You must sign up and have a ticket to receive a meal. Please do not sign other people on the meal list unless they are in the building. We cannot hold meals for people who have a ticket and are not present at the time lunch is served. No lunches will be served after 12:00PM.

**\*\*If you receive frozen meals at your apartment, you are not eligible to receive the hot congregate meals served at the Center Dining Room.**

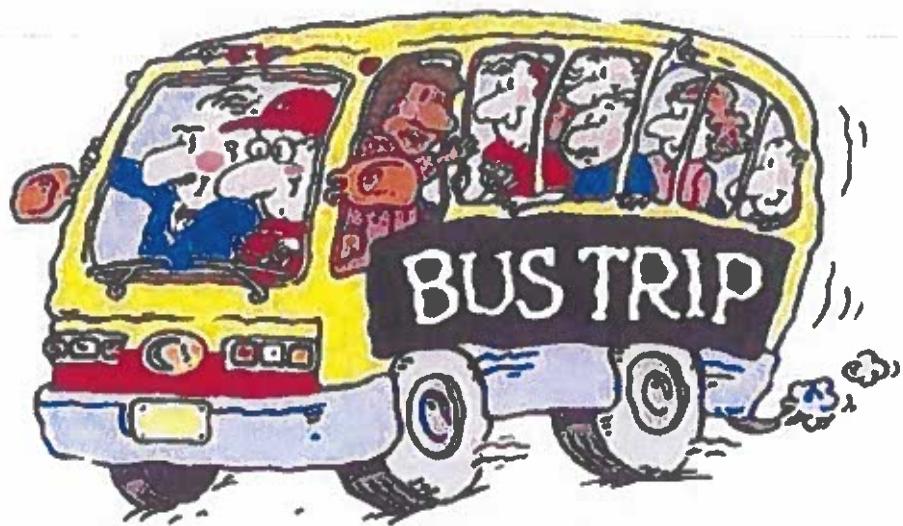
## Spring Gardens Library



Please visit our beautiful library at the Senior Center.  
Ms. Veeda Posey has worked extremely hard getting it organized for us.  
Enjoy quiet time with a book or take home a movie for your enjoyment.



**TAI CHI WITH ADRIENE  
9:15 AM EVERY THURSDAY**



**BUS TRIPS FOR**  
**MARCH 2026**

**MARCH 4<sup>TH</sup> - BANKS/WALMART**

**MARCH 11<sup>TH</sup> THIFT STORE(G'DALE) HAMBUGER  
HEAVEN**

**MARCH 18<sup>TH</sup> – PUBLIX MALL**

**MARCH 25<sup>TH</sup> – TARGET MALL**

**THE BUS LEAVES PROMPTLY AT 12PM**



**\*\*\*JOIN US FOR A  
\*\*\*SPRING GARDENS  
\*\*\*ST. PATRICK'S DAY  
\*\*\*SOCIAL ON MARCH  
\*\*\*17,2026 @ 12:30AM.  
\*\*\*AT THE SPRING  
GARDENS CENTER\*\*\***

💡 CALLING ALL SENIORS! 💡

YOU ARE INVITED TO PARTICIPATE IN OUR  
SENIOR FASHION & TALENT SHOW

📅 **THURSDAY, MARCH 19, 2026**

⌚ **TIME: 12:00 pm**

📍 **LOCATION: Spring Gardens Senior Center**

👗 👗 **FASHION SHOW**

- Wear your favorite outfit
- Casual, dressy, cultural, or creative
- Suits, hats, dresses, accessories. Your choice!
- Walk the runway at your own pace

🎸 **TALENT SHOW**

Share your talent, such as: Singing, Dancing, Poetry, Comedy, etc. **NO EXPERIENCE NEEDED**

**SIGN UP TO PARTICIPATE**

**SIGN-UP DEADLINE:** 03/12/2026

**CONTACT:** Service Coordinator- Vanessa Anderson

**PHONE:** 205 841-5032 ext. 1105

**EVERYONE IS WELCOME!**

**Hey!  
Please  
do not  
feed the  
strays.**

*Spring Gardens Management*



**Dear Residents,**

We kindly ask that you do not leave food outside to feed stray animals. While we appreciate your compassion for animals, leaving food out attracts wildlife such as possums and raccoons, which creates safety and sanitary concerns for our community.

Thank you for your understanding and cooperation.

— Management



HOUSING AND DEVELOPMENT  
CORPORATION

# RECERTIFICATION PARTY

MARCH 23 2026

12 NOON  
SPRING GARDENS  
COMMUNITY CENTER

TENANTS WITH LAST NAMES  
**S-Z ONLY!**

Please bring the following documents:

- ✓ DRIVER'S LICENSE
- ✓ SOCIAL SECURITY CARD
- ✓ 2026 INCOME LETTER

**LIGHT REFRESHMENTS  
WILL BE SERVED!**



# SPRING GARDENS MOBILE BANKING

PNC BANK



Open an account

ATM Available

Get help with debit cards

Financial Education

Set up direct deposit

12TH March 2026 | 9:00 AM - 11:00AM