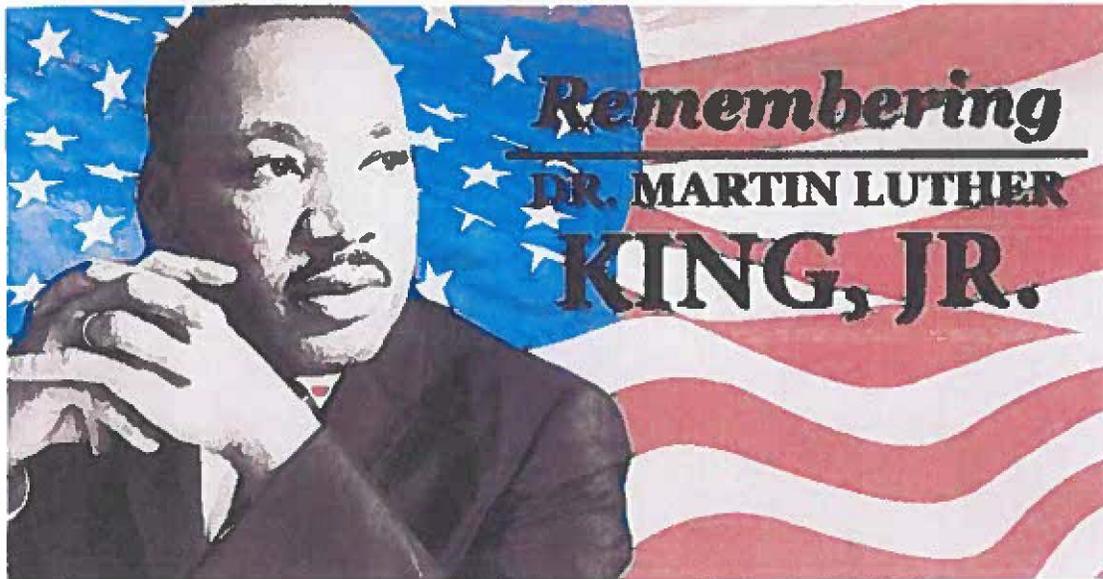


GARDEN GAZETTE

JANUARY 2026



SPRING GARDENS APARTMENTS

201 Spring Gardens Rd.

Birmingham, AL 35217

Business Office: (205) 841-5032

Maintenance: (205) 808-4177

Property Manager: Qiana Crenshaw Ex.1102

Assistant Property Manager: Shay McCall Ex. 1104

Service Coordinator: Vanessa Anderson Ex.1105

Senior Center Manager: Ronda Graham Ex.1108

QD'S BOUTIQE
LASHUN CARPENTER
JANUARY7, 2026
10:00AM

**ALL PETS
MUST BE
ON A LEASH**



**PLEASE CLEAN UP
AFTER YOUR PET**

D'VYNE RESILIENCE
Paparazzi Jewelry
KIM CROOM
JANUARY 7, 2026
10:00AM



**HAPPY BIRTHDAY TO ALL THE RESIDENTS BORN IN
JANUARY!!!**

DEBBIE'S BIBLE STUDY
EVERY 2ND
MONDAY OF THE MONTH
IN THE LIBRARY
10AM

CERAMICS 10am-2pm
MONDAYS & WEDNESDAYS

**SEWING
CLASS - 1-
6-&1-20-
2026**
**9:00AM-
11:00AM**



HEALING TRUTH MINISTRY
Bible Study w/ Janice Marshall
EVERY THURSDAY 2pm

**Spring
Gardens
Bingo**
1-29-2026
10:00 AM

**HOT LUNCHES ARE SERVED DAILY AT 11:30
PLEASE SIGN IN BY 10:30 FOR SEATING**



**Lunches are provided by the United Way Area Agency on Aging.
Donations, in any amount, are appreciated but not needed.
The food items, drinks, flatware, and cups that are provided by United Way Area Agency are the only items allowed in the dining room. NO EXCEPTIONS.
Condiments are allowed if they are store bought and labeled.
No one under the age of 60 years of age (unless it is a resident) is allowed present during lunch or participate in any other activity held at the Center during business hours. This includes children.**

Policy on Food Taken Away from the Center

Participants receiving a congregate meal shall be allowed to take home fresh fruit, unopened cartons of fruit juice; wrapped cakes, cookies, and snack cakes, individually wrapped portions of corn chips or potato chips. All other leftover foods shall be discarded at the end of the serving day.

****Take only one serving of milk, juice, fruit, snack cakes & cookies with your meal. If there are leftover items, after everyone is served, you may help yourself with one more serving.**

If you would like to buy an added meal after everyone is served, they are available for \$6.00.

Hot lunches are ordered based on the number of people that support the center regularly and are served at 11:30, on a first-come, first-served basis. The lunch tickets are limited to the number of meals ordered for any given day. Be sure to sign in daily by 10:30 to get yours before they are all gone. You must sign up and have a ticket to receive a meal. Please do not sign other people on the meal list unless they are in the building. We cannot hold meals for people who have a ticket and are not present at the time lunch is served. No lunches will be served after 12:00PM.

****If you receive frozen meals at your apartment, you are not eligible to receive the hot congregate meals served at the Center Dining Room.**

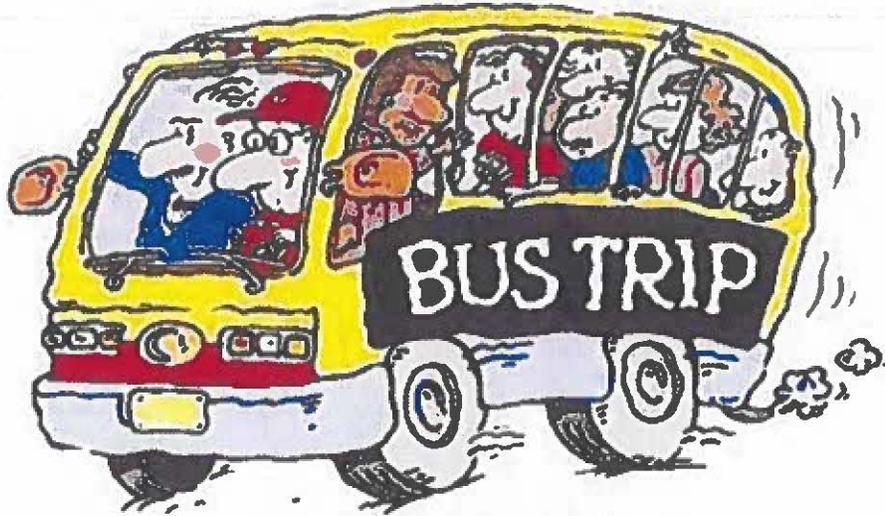
Spring Gardens Library



Please visit our beautiful library at the Senior Center.
Ms. Veeda Posey has worked extremely hard getting it organized for us.
Enjoy quiet time with a book or take home a movie for your enjoyment.



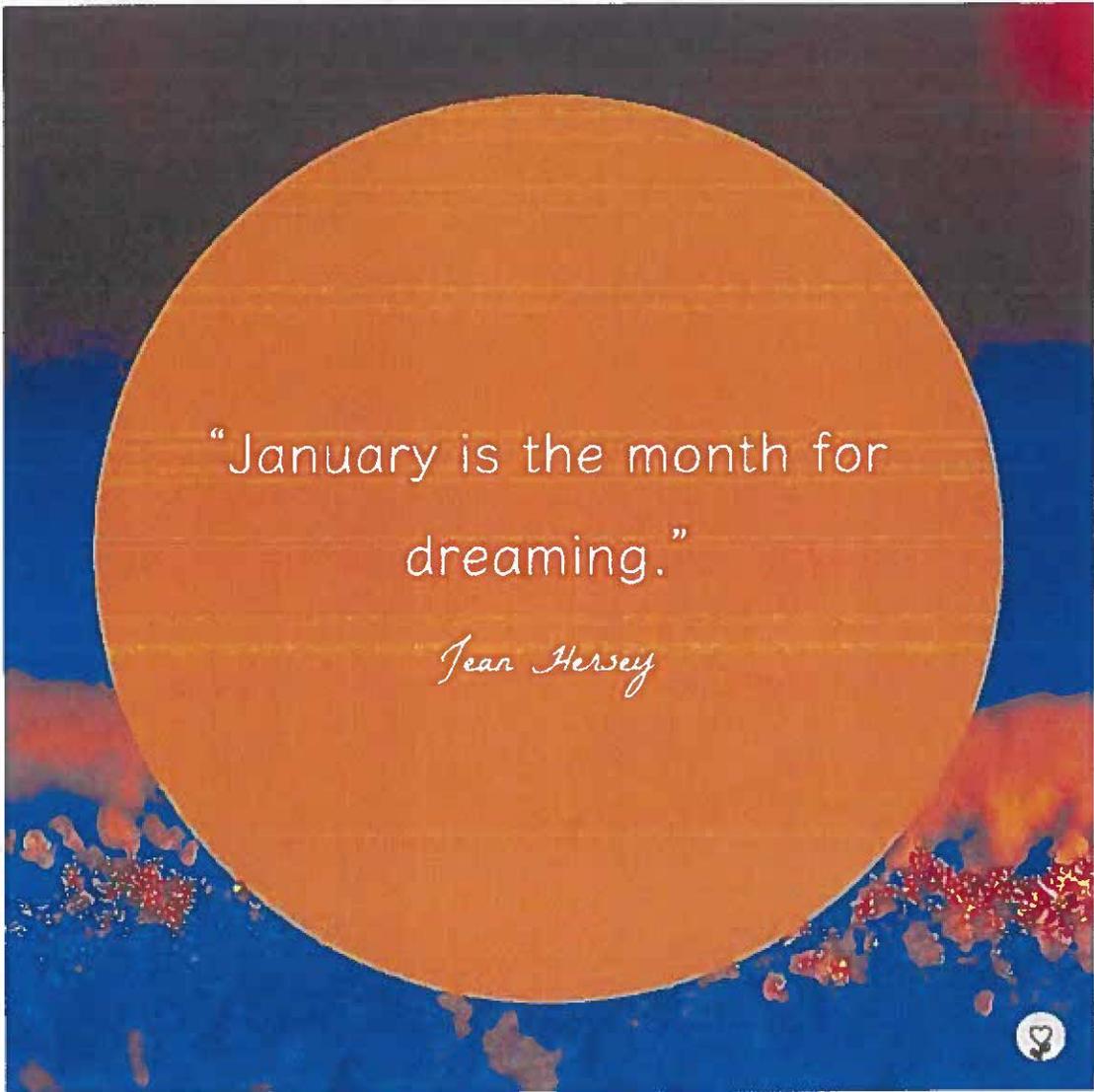
**TAI CHI WITH ADRIENE
9:15 AM EVERY THURSDAY**



BUS TRIPS FOR
JANUARY 2026

JANUARY 7TH - BANKS/WALMART
JANUARY 14TH - THRIFT STORE/HUFFMAN
JANUARY 21ST - WAL-MART(TRUSSVILLE)
JANUARY 28TH - ALDI MALL (TRUSSVILLE)

THE BUS LEAVES PROMPTLY AT 12PM



“January is the month for
dreaming.”

Jean Hersey

**JOIN US AT SPRING GARDENS SENIOR CENTER FOR A VISION
BOARD PARTY JANUARY 20,2025 AT 12:00PM IN THE SPRING
GARDENS SENIOR CENTER.**



HOUSING AND DEVELOPMENT
CORPORATION

RECERTIFICATION PARTY

JANUARY 15
12 NOON
**SPRING GARDENS
COMMUNITY CENTER**

**TENANTS WITH LAST NAMES
A-H ONLY!**

Please bring the following documents:

- ✓ DRIVER'S LICENSE
- ✓ SOCIAL SECURITY CARD
- ✓ 2026 INCOME LETTER

**LIGHT REFRESHMENTS
WILL BE SERVED!**



SPRING GARDENS

PEST CONTROL SCHEDULE

WEEKLY SERVICE ROTATION

Services will rotate weekly:

- ✓ Week 1: Spring Gardens 1
- ✓ Week 2: Spring Gardens 2
- ✓ Week 3: Spring Gardens 3 & 4
- ✓ Week 4: Hickory Ridge

MONTHLY SERVICE ROTATION

Starting January 26

- ✓ January 26 – Exterior
- ✓ February 20 & 26 – Interior
- ✓ March 26 – Exterior
- ✓ April 26 – Interior
- ✓ May 26 – Exterior
- ✓ June 26 – Interior
- ✓ July 26 – Exterior
- ✓ August 20 & 26 – Interior
- ✓ September 20 & 26 – Exterior
- ✓ October 20 & 26 – Interior
- ✓ November 20 & 26 – Exterior
- ✓ December 26 – Interior

IMPORTANT REMINDERS:

- ✓ Allow access on interior service days
- ✓ Secure pets before service
- ✓ Report pest issues promptly

Thank you for helping keep **SPRING GARDENS** pest-free!



JEFFERSON COUNTY
HOUSING AUTHORITY

Are You Interested?

UAB EYE EXAM

UAB's expert team wants to administer professional eye examinations and prescription eyeglasses for interested residents.

SIGN UP

- Vanessa Anderson
- (205) 841-5032 Ext 1105
- vanderson@jcha.com



UAB
Eye Care

DATE

TO BE ANNOUNCED..