GARDEN GAZETTE

DECEMBER 2025



SPRING GARDENS APARTMENTS

201 Spring Gardens Rd. Birmingham, AL 35217 Business Office:(205) 841-5032 Maintenance: (205) 808-4177

Property Manager: Qiana Crenshaw Ex.1102 Assistant Property Manager: Shay McCall Ex. 1104 Service Coordinator: Vanessa Anderson Ex.1105 Senior Center Manager: Ronda Graham Ex.1108 QD'S BOUTIQE LASHON CARPENTER DECEMBER 3, 2025 10:00AM



D'VYNE RESILIENCE

Paparazzi Jewelry KIMCROOM DECEMBER 3, 2025 10:00AM



DEBBIE'S BIBLE STUDY
EVERY 2ND
MONDAY OF THE MONTH
IN THE LIBRARY
10AM

CERAMICS 10am-2pm MONDAYS & WEDNESDAYS

SEWING CLASS 12-4 &12-18-2025 9AM-TIAM



HEALING TRUTH MINISTRY
Bible Study w/ Janice Marshall
EVERY THURSDAY 2pm



WELCOME OUR NEW PROPERTY MANAGER!

A NOTE FROM YOUR PROPERTY MANAGER

Hello Everyone!

My name is
Qiana Crenshaw,
and I'm thrilled to
join your Gommunity
as the new
Property Manager!

I'm still getting my feet wet but I truly look forward to meeting each of you and becoming part of this w0nderful community.

Thank you in advance for the warm welcome-I can already tell this is a special place!



FROMTHE DESKOFYOUR ASSISTANT PROPERTY MANAGER: SHAY McCALL



ALL TRASH MUST BE TAKEN DIRECTLY TO THE DUMPSTERS.

There are several dumpsters conveniently located throughout the property.



DO NOT PLACE TRASH IN THE LAUNDRY ROOM TRASH CANS.

These are for small items only, not household garbage.

THANK YOU FOR YOUR COOPERATION AND FOR HELPING MAINTAIN A CLEAN ENVIRONMENT FOR ALL RESIDENTS!





HOLIDAY CAROLING

JOIN US FOR A FESTIVE MORNING OF HOLIDAY CHEER AS THE JCHA STAFF
SPREADS JOY THROUGHOUT THE COMMUNITY!

WEDNESDAY, DECEMBER 17, 2025 10:00AM - 11:30AM PRESENTED BY: JCHA STAFF



Let's celebrate the season together with classic carols and holiday spirit!

HOTLUNCHFSARESERVED DAILY AT 11:30 PLEASE SIGN IN BY 10:30 FOR SEATING



Lunches are provided by the United Way Area Agency on Aging. Donations, in any amount, are appreciated but not needed.

The food items, drinks, flatware, and cups that are provided by United Way Area Agency are the only items allowed in the dining room. NO EXCEPTIONS.

Condiments are allowed if they are store bought and labeled.

No one under the age of 60 years of age (unless it is a resident) is allowed present during lunch or participate in any other activity held at the Center during business hours. This includes children.

Policy on Food Taken Away from the Center

Participants receiving a congregate meal shall be allowed to take home fresh fruit, unopened cartons of fruit juice; wrapped cakes, cookies, and snack cakes, individually wrapped portions of corn chips or potato chips. All other leftover foods shall be discarded at the end of the serving day.

**Take only one serving of milk, juice, fruit, snack cakes & cookies with your meal. If there are leftover items, after everyone is served, you may help yourself with one more serving.

If you would like to buy an added meal after everyone is served, they are available for \$5.78.

Hot lunches are ordered based on the number of people that support the center regularly and are served at 11:30, on a first-come, first-served basis. The lunch tickets are limited to the number of meals ordered for any given day. Be sure to sign in daily by 10:30 to get yours before they are all gone. You must sign up and have a ticket to receive a meal. Please do not sign other people on the meal list unless they are in the building. We cannot hold meals for people who have a ticket and are not present at the time lunch is served. No lunches will be served after 12:00.

**If you receive frozen meals at your apartment, you are not eligible to receive the hot congregate meals served at the Center Dining Room.

Spring Gardens Library



Please visit our beautiful library at the Senior Center.

Ms. Veeda Posey has worked extremely hard getting it organized for us.

Enjoy quiet time with a book or take home a movie for your enjoyment.



TAI CHI WITH ADRIENE 9:15 AM EVERY THURSDAY



BUS TRIPS FOR DECEMBER 2025

DECEMBER 3RD - BANKS/WALMART
DECEMBER 10TH - PINNACLLE
DECEMBER 17TH - GRAND RIVER
DECEMBER (MON) 22ND - OLIVIE GARDEN/WAL-MART
DECEMBER (TUES) 30TH - ROSE'S/ALDI

THE BUS LEAVES PROMPTLY AT 12PM



FROM THE STAFF OF SPRING ***** GARDENS ******