

GARDEN GAZETTE

AUGUST 2025



SPRING GARDENS APARTMENTS

**201 Spring Gardens Rd.
Birmingham, AL 35217
Business Office: (205) 841-5032
Maintenance: (205) 808-4177**

**Property Manager: Erica Leonard
Assistant Property Manager: Shay McCall
Senior Center Manager: Ronda Graham**

QD'S BOUTIQUE
LASHUN CARPENTER
AUGUST 6, 2025
10:00AM



D'VYNE RESILIENCE
Paparazzi Jewelry
KIM CROOM
AUGUST 6, 2025
10:00AM

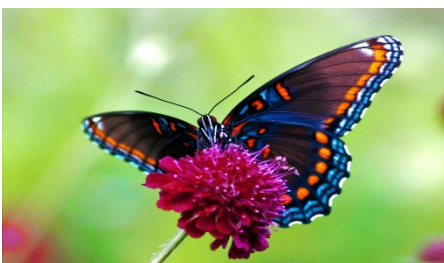


HAPPY BIRTHDAY TO ALL THE RESIDENTS BORN IN AUGUST!!!

DEBBIE'S BIBLE STUDY
EVERY 2ND
MONDAY OF THE MONTH
IN THE LIBRARY
10AM

CERAMICS 10am-2pm
MONDAYS & WEDNESDAYS

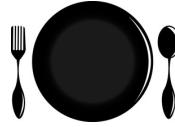
SEWING
WITH
JACKI
AUGUST
8th & 22th
11am



HEALING TRUTH MNSTRY
Bible Study w/ Janice Marshall
EVERY THURSDAY 2pm

Spring
Gardens
Bingo
AUGUST
29th

**HOT LUNCHES ARE SERVED DAILY AT 11:30
PLEASE SIGN IN BY 10:30 FOR SEATING**



Lunches are provided by the United Way Area Agency on Aging. Donations, in any amount, are appreciated but not required.

The food items, drinks, flatware, and cups that are provided by United Way Area Agency are the only items allowed in the dining room. NO EXCEPTIONS.

Condiments are allowed if they are store bought and labeled.

No one under the age of 60 years of age (unless it is a resident) is allowed present during lunch or participate in any other activity held at the Center during business hours. This includes children.

Policy on Food Taken Away from the Center

Participants receiving a congregate meal shall be allowed to take home fresh fruit, unopened cartons of fruit juice; wrapped cakes, cookies, and snack cakes, individually wrapped portions of corn chips or potato chips. All other leftover foods shall be discarded at the end of the serving day.

****Take only one serving of milk, juice, fruit, snack cakes & cookies with your meal. If there are leftover items, after everyone is served, you may help yourself with one additional serving. The milk must be consumed at the center.**

If you would like to purchase an additional meal after everyone is served, they are available for \$5.53.

Hot lunches are ordered based on the number of people that support the center regularly and are served at 11:30, on a first-come, first-served basis. The lunch tickets are limited to the number of meals ordered for any given day. Be sure to sign in daily by 10:30 to get yours before they are all gone. You must sign up and have a ticket to receive a meal. Please do not sign other people on the meal list unless they are in the building. We cannot hold meals for people who have a ticket and are not present at the time lunch is served. No lunches will be served after 12:00.

****If you receive frozen meals at your apartment, you are not eligible to receive the hot congregate meals served at the Center Dining Room.**

Spring Gardens Library



Please visit our beautiful library at the Senior Center.
Ms. Veeda Posey has worked extremely hard getting it organized for us.
Enjoy some quiet time with a book or take home a movie for your enjoyment.



TAI CHI WITH ADRIENE
10 AM EVERY THURSDAY



BUS TRIPS FOR
AUGUST 2025

AUGUST 6TH - BANKS/WALMART

AUGUST 13TH – TARGET MALL

AUGUST 20TH – AM-THRIFT STORE/ALDI (ROEBUCK)

AUGUST 27TH – SAM’S / WAL-MART (TRUSSVILLE)

THE BUS LEAVES PROMPTLY AT 12PM

FROM THE DESK OF THE PROPERTY MANAGER

Please continue to work on keeping your patios clean. Keeping your patio neat, clean and clutter free applies to all residents.

You or your guests are not permitted to park on the grass at any time, even briefly or for the purpose of unloading groceries.

Please be reminded that pet owners must pick up after their pets. Make sure all pets are on a leash when outside.

Please close the trash dumpster doors after placing trash inside.

It is also important to keep your apartment clean. When office management walks with monthly pest control, we do monitor housekeeping. If a housekeeping concern is identified, a housekeeping inspection will be scheduled, followed by appropriate follow - up.

We are here to assist you. Please let us know if there is anything you need. Residents are our first priority.

Let's continue to keep our community beautiful, quiet and peaceful.

Erica Leonard

Property Manager