# GARDEN GAZETTE

# **JULY 2025**



### SPRING GARDENS APARTMENTS

201 Spring Gardens Rd. Birmingham, AL 35217 Business Office:(205) 841-5032 Maintenance: (205) 808-4177

Property Manager: Erica Leonard Assistant Property Manager: Shay McCall Resident Service Coordinator: Ardrea Johnson Senior Center Manager: Ronda Graham



### HOT LUNCHES ARE SERVED DAILY AT 11:30am PLEASE SIGN IN BY 10:30 FOR SEATING



Lunches are provided by the United Way Area Agency on Aging. Donations, in any amount, are appreciated but not required.

The food items, drinks, flatware, and cups that are provided by United Way Area Agency are the only items allowed in the dining room. NO EXCEPTIONS. Condiments are allowed if they are store bought and labeled.

No one under the age of 60 years of age (unless it is a resident) is allowed present during lunch or participate in any other activity held at the Center during business hours. This includes children.

#### Policy on Food Taken Away from the Center

Participants receiving a congregate meal shall be allowed to take home fresh fruit, unopened cartons of fruit juice; wrapped cakes, cookies, and snack cakes, individually wrapped portions of corn chips or potato chips. All other leftover foods shall be discarded at the end of the serving day.

\*\*Take only one serving of milk, juice, fruit, snack cakes & cookies with your meal. If there are leftover items, after everyone is served, you may help yourself with <u>one</u> <u>additional serving</u>. The milk must be consumed at the center.

If you would like to purchase an additional meal after everyone is served, they are available for \$5.53.

Hot lunches are ordered based on the number of people that support the center regularly and are served at 11:30, on a first-come, first-served basis. The lunch tickets are limited to the number of meals ordered for any given day. Be sure to sign in daily by 10:30 to get yours before they are all gone. You must sign up and have a ticket to receive a meal. Please do not sign other people on the meal list unless they are in the building. We cannot hold meals for people who have a ticket and are not present at the time lunch is served. No lunches will be served after 12:00.

**\*\***If you receive frozen meals at your apartment, you are not eligible to receive the hot congregate meals served at the Center Dining Room.

#### **Spring Gardens Library**



Please visit our beautiful library at the Senior Center. Ms. Veeda Posey has worked extremely hard getting it organized for us. Enjoy some quiet time with a book or take home a movie for your enjoyment.



# TAI CHI WITH ADRIENE 10 AM EVERY THURSDAY

WILL RESUME JULY 17, 2025



BUS TRIPS FOR JULY

### JULY 2<sup>ND</sup> - BANKS/WALMART JULY 9<sup>TH</sup> – FARMERS MARKET (10:00Aam) JULY 16<sup>TH</sup> – ROSE'/ALDI JULY 23<sup>RD</sup> – JIM'N NICKS/WAL-MART JULY 30<sup>TH</sup>- GRAND RIVER OUTLET BUCEE'S

## THE BUS LEAVES PROMPTLY AT 12PM

## FROM THE DESK OF THE PROPERTY MANAGER

Remember to pull grills 15 feet away from the building when grilling. Grills should be stored on your back patio when not in use.

Please continue to work on keeping your patios clean. Keeping your patio neat, clean and clutter free applies to all residents.

There are also no exceptions to parking on the grass. You or your guests cannot park on the grass to bring in groceries or park on the grass for just a few minutes.

Please be reminded that pet owners must pick up after their pets. Make sure all pets are on a leash when outside. Don't forget to pick up after your pet and place waste in trash cans.

It is also important to keep your apartment clean. Maintenance will make me aware of any apartments that need housekeeping attention. We will then schedule a housekeeping inspection and follow up.

## Happy 4<sup>th</sup> of July!

Let's continue to keep our community beautiful, quiet and peaceful.

Erica Leonard

**Property Manager**