GARDEN GAZETTE

MAY 2025



SPRING GARDENS APARTMENTS

201 Spring Gardens Rd. Birmingham, AL 35217 Business Office:(205) 841-5032 Maintenance: (205) 808-4177

Property Manager: Erica Leonard Assistant Property Manager: Shay McCall Resident Service Coordinator: Ardrea Johnson Senior Center Manager: Ronda Graham QDS BOUTIQE LASHUN CARPENTER MAY 7,2025 10:00AM



D'VYNE RESILIENCE

Paparazzi Jewelry KIM CROOM MAY 7, 2025 10:00AM

DEBBIE'S BIBLE STUDY
EVERY 2ND
MONDAY OF THE MONTH
IN THE LIBRARY
10AM



HAPPY BIRTHDAY TO ALL THE RESIDENTS BORN IN MAY!!!

CERAMICS 10am-2pm

MONDAYS & WEDNESDAYS

SEWING WITH JACKI MAY 9th & 23rd 11 AM



HEALINGTRUTHMNSTRY
Elble Study w/ Janice Marshall
EVERYTHURSDAY 2pm

Spring Gardens BINGO MAY 16th 10:00am

HOT LUNCHES ARE SERVED DAILY AT 11:30 PLEASE SIGN IN BY 10:30 FOR SEATING



Lunches are provided by the United Way Area Agency on Aging. Donations, in any amount, are appreciated but not required.

The food items, drinks, flatware, and cups that are provided by United Way Area Agency are the only items allowed in the dining room. NO EXCEPTIONS. Condiments are allowed if they are store bought and labeled.

No one under the age of 60 years of age (unless it is a resident) is allowed present during lunch or participate in any other activity held at the Center during business hours. This includes children.

Policy on Food Taken Away from the Center

Participants receiving a congregate meal shall be allowed to take home fresh fruit, unopened cartons of fruit juice; wrapped cakes, cookies, and snack cakes, individually wrapped portions of corn chips or potato chips. All other leftover foods shall be discarded at the end of the serving day.

**Take only one serving of milk, juice, fruit, snack cakes & cookies with your meal. If there are leftover items, after everyone is served, you may help yourself with <u>one additional serving</u>. The milk must be consumed at the center.

If you would like to purchase an additional meal after everyone is served, they are available for \$5.53.

Hot lunches are ordered based on the number of people that support the center regularly and are served at 11:30, on a first-come, first-served basis. The lunch tickets are limited to the number of meals ordered for any given day. Be sure to sign in daily by 10:30 to get yours before they are all gone. You must sign up and have a ticket to receive a meal. Please do not sign other people on the meal list unless they are in the building. We cannot hold meals for people who have a ticket and are not present at the time lunch is served. No lunches will be served after 12:00.

**If you receive frozen meals at your apartment, you are not eligible to receive the hot congregate meals served at the Center Dining Room.

Spring Gardens Library



Please visit our beautiful library at the Senior Center.

Ms. Veeda Posey has worked extremely hard getting it organized for us.

Enjoy some quiet time with a book or take home a movie for your enjoyment.



TAI CHI WITH ADRIENE 10:00 AM EVERY THURSDAY



BUS TRIPS FOR MAY

MAY 7TH - BANKS/WALMART
MAY 14TH - METRO DINER/ EDGARS BAKERY
MAY 21ST - AMERICA'S THRIFT STORE
MAY 28TH - ROSE'S

THE BUS LEAVES PROMPTLY AT 12PM!!!!

FROM THE DESK OF THE PROPERTY MANAGER

- Unauthorized occupants are not allowed. Guests cannot live in your apartment for longer than 14 days within a calendar year without Management approval.
- Your <u>apartment</u> and <u>patio</u> should be neat and clean. Please remove all mops, brooms, and buckets from your patio. Please remove any indoor furniture.
- Residents nor guests can park on the grass. There are no exceptions to parking on the grass.
- All abandoned and inoperable vehicles must be removed from the property. They will be ticketed for towing at the vehicle owner's expense.
- If your phone number changes, please call the office to update.
- Do not disturb the peace and quiet enjoyment of your neighbors. You are responsible for your guests.
- Please reduce your speed when driving through the community. Drive the right way. Follow the arrows within the community.

Share the above information with your guests. Again, you are responsible for your guests. Let's continue to keep our community beautiful, quiet and peaceful.

Erica Leonard
Property Manager