

DECEMBER 2021



OFFICES OPEN, BY APPOINTMENT ONLY MONDAY thru THURSDAY 8am to 4pm

Documents may be left at the front desk, during business hours, or in the black drop box at the front door of the office building.

Rent may be put in the drop box outside the front door of the office building or the drop box next the library door, during business hours.

MAY THE SIMPLE JOYS OF CHRISTMAS WARM YOUR HEART, FILL YOUR HOME, AND LAST A LIFETIME

MERRY CHRISTMAS AND HAPPY NEW YEAR.

THE STAFF



(P.E.P. RALLY)

PEOPLE ENCOURAGING PEOPLE

BIBLE STUDY WITH KAREN



Weekly in the crafts/ceramics room

TUESDAYS 10-12

TRUE VINES MINISTRIES Worship Service



WILL MEET IN THE DINING ROOM

(Every Thursday at 2:00 PM)



Wanda Bledsoe, a representaive for Archwell Health will be here on Dec.14th, to play bingo. Come join us.

10:00am - Center Dining

BUS TRIPS



The Spring Gardens bus is now making weekly trips. All locations will be on your monthly calendar, which is included in the Spring Gardens Gazette.

A sign-up sheet, for each trip, is located in the Center's dining room. The deadline for signing up is 1:00 PM on the day before the scheduled trip.

Any trip with less than 5 riders signed up, by the deadline, will be cancelled.

COMFORT CARE BINGO



Belinda Dove, will be here to play bingo with you on December 6th in the center dining room, come join us!

10:00 AM

SPRING GARDENS 201 SPRING GARDENS RD. BIRMINGHAM, AL 35217 205-841-5032

MAINTENANCE: 205-808-4177

STAFF DIRECTORY

Nita Clark - Property Manager	Ext. 1102
Tammy Womble - Asst. Property Manager	Ext. 1104
Deborah Butler-Service Coordinator	Ext. 1105
Annie Thomas - Senior Center Manager	Ext. 1108

HOT LUNCHES ARE SERVED DAILY AT 11:30 PLEASE SIGN IN BY 10:30 FOR SEATING



Lunches are provided by United Way Area Agency on Aging. Donations, in any amount, are appreciated but not required. This is a nutrition program and not something you may "show up" to occasionally. Regular participation is required to receive hot, congregate, meals.

The food items, drinks, flatware and cups that are provided by United Way Area Agency are the only items allowed in the dining room. NO EXCEPTIONS. Condiments are allowed as long as they are store bought and labeled.

No one under the age of 60 years of age (unless it is a resident) is allowed to be present during lunch or participate in any other activity held at the Center during business hours. This includes children.

Policy on Foods Taken Away from the Center

Participants receiving a congregate meal shall be allowed to take home fresh fruit, unopened cartons of fruit juice; wrapped cakes, cookies and snack cakes, individually wrapped portions of corn chips or potato chips. All other leftover foods shall be discarded at the end of the serving day.

**Take only one serving of milk, juice, fruit, snack cakes & cookies with your meal. If there are leftover items, after everyone is served, you may help yourself to <u>one additional serving</u>. The milk must be consumed at the center.

If you would like to purchase an additional meal after everyone is served, they are available for \$3.73.

Hot lunches are ordered based on the number of people that support the center **regularly** and are served at 11:30, on a first come, first serve basis. The lunch tickets are limited to the number of meals ordered for any given day. Be sure to sign in daily by 10:30 to get yours before they're all gone. You must sign in and have a ticket to receive a meal. Please do not sign other people on the meal list unless they are in the building. We cannot hold meals for people who have a ticket and are not present at the time lunch is served. No lunches will be served after 12:00. If, for some unforeseen reason, GA Foods is unable to provide food or the food is delivered and doesn't meet temperature requirements, we will provide a hot lunch from another source. Lunches will be provided, under these circumstances, to anyone signed up by 10:30 am.

**If you receive frozen meals at your apartment, you are not eligible to receive the hot congregate meals served at the Center Dining Room. (Based on guidelines of United Way Area Agency on Aging)



Shelley Barlow will be bringing lots of Avon products. Get an early start on your holiday shopping.

DEC.8TH 10:00am (Center's Dining Room)

QDS BOUTIQUE

Lashan Johnson will have clothing, handbags, wallets and much more, for your shopping pleasure.
You don't want to miss out on this cute stuff!

DEC.8TH AT 10:00AM (CENTER DINING)

JCCEO INFORMATION

JCCEO (Utility Assistance) has cancelled all future assistance until further notice. There is no additional information available, at this time.



Leonard Bell will be here, to do a raffle, on December 9th at 1000. (Center Dining Room)



PAPARAZZI JEWELRY

(Center's dining room)



DECEMBER 15TH at 10:00

	NEW YEAR HOLIDAY	CHRISTMAS HOLIDAY	CHRISTMAS HOLIDAY	CHRISTMAS HOLIDAY	CHRISTMAS HOLIDAY
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	CHRISTMAS HOLIDAY	CHRISTMAS HOLIDAY	Sweet Podato Casende Sweet Podato Casende Green Beans/Mushrooms Chnismas Fruit Cup VAhole Grain Roll Iced Coconut Cake Milk Margarine	Green Lima Ben's Green Lima Ben's California Vegetable Bland Dinner Roll Pineepple Tübbis Findge Round Malk	Brussick Stew Brown Rice Brown Rice Whole Kentl Corn Crackers (2 peckets) German Chocolate Cake Milk
24		23	Christmas Theme Meal 22	Menu 18 Cheev Chirlen Parmocan Pacta Bake 21	Menu 17 Orange Pineannie luide
	Milk Mayonnaise	Crimer Rui Gingerbread Cookie Milk Margarine Islian (Panch Dressin	Chocalate Cake Milk/Buttermik Margarine	Mandarin Cranges Mandarin Cranges Mill/Chocolale Milk Sour Cream/Mild Taco Sauce	Varida Pudding Wilk Walgarine
	Three Bean Salad Lettuce/Tomato Fresh Orange Nutri Budda	Penne Pasta Parsiled Carrols Mixed Grean Salad	Seasoned Baked Chicken Drums White Lima Beans Tumip Greens	Seasoned Ground Beef Shredded Lettluce/Cheese/Tomato Com Chips Dink Reace	Meatoal with Onon Gravy Garlic Mashed Potatoes Green Peas Wheat Recard
17	Menu 16 Chicken Salad/Wheat Bread (2 slices)	Menu 15 Meatballs in Mainera Sauce	Menu 14 15	Menu 13 14 Beef Taxos	Menu 12 13 Orange Julice
	Mill/Chocolate Mik Mustard/Ketchup/Mayonnaise	Mik Margarine	Mik/Butternilk Margarine	Mik Margarine	Milk Margarine
	Colesiaw Chopped Onion Apple Fruit Ple	Green Beans Sliced Peaches Yellow Cake	Purple Hull Peas Combreed Strawberry Fruited Gelatin	Okra and Tomatoes Dinner Roll Waffle Grahams	Wheat Bread Fresh Apple Butterscotch Pudding
ā	Crange Pineapple Juice Beef Dog/Bun Baked Beans	Open Face Hot Turkey Sandwich on Wheat Broad with Gravy Mashed Sweet Potatoes	gh	Orange Juice Mac & Cheese Speckled Butter Beans	Pineapple Juice Beef Shepard's Pie Buttemut Squash
Ö	Raigenite Railan/Ranch Dressing		NA PORTO D	Manu 8	Mani 7
	Sponge Cake Milk Marraino	Corinteda Catmeal Raisin Cookie Mik/Butermilk	Mis/Chocdate Mik Mustard/Ketchup/Mayonnaise		
	Italian Flat Beans Mixed Green Salad	Diced Sweet Potatoes Tumip Greens	Shredded Lettuce/Onion/Fornato		
ω	Menu 6 Apple Juice Baked Rotini with Meat Sauce	Menu 5 Orange Pineapple Juice Herb Roasted Chicken Breast	Menu 4 Broiled Beef Patty/Bun Baked Beans		
	FRIDAY	THURSDAY	WEDNESDAY	TUESDAY	MONDAY
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December 2021	r 2021			Su Mo Tu We Th 5 6 7 8 9 112 213 214 125 23 25 27 26 29 30	Fr Sa Su No Tu No
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Nov 28	29	30	Dec 1 9:30am EXERCISE VIDEO 10:00am Ceramics	2 12:15pm Banks/Wal-Mart 2:00pm True Vines Ministries	3 Office Closed/Dining Room open 9-1 9:30am MUSIC/OLDIES
СТ	10:00am Ceramics 10:00am COMFORTCARE HEALTH/BINGO	PEST CONT/OUTSIDE 10:00am Bible St./Karen 10:00am CAPTION CALL 10:00am Grand River Outlet/Buc-ee's	8 10:00am Ceramics 10:00am AVON 10:00am ODS BOUTQUE	9 10:00am OAK STREET/ RAFFLE 12:15pm Aldi/Dol.Tree/Target 2:00pm True Vines	10 Office Closed/Dining Room open 9-1 PUZZLE
12	13 9:30am XMAS/MOVIE 10:00am Ceramics	14 PEST CONT/OUTSIDE 10:00am Bible Study with Karen 10:00am ARCHWELL/BINGO	15 10:00am Ceramics 10:00am Paparazzi Jewely	16 12:15pm Foodland/Dol. Gen/Thrift Store/Banks 2:00pm True Vines Ministries	Office Closed/Dining Room open 9-1 9:30am MUSIC/OLDIES
19	20 9:00am XMAS/MUSIC	PEST CONT/OUTSIDE 10:00am Bible Study with Karen 12:15pm Wal-Mart/TJ Maxx Mall	9:00am XMAS/MUSIC	CLOSED.	CLOSED
26	27 CLOSED	28 NO MEALS PEST CONT/OUTSIDE 10:00am Bible Study with Karen	29 I NO MEALS	NO MEALS 12:15pm Banks/Publix or Wal-Mart	31 CLOSED
Tammy Womble			т.		