



OFFICES OPEN, BY APPOINTMENT ONLY MONDAY thru THURSDAY 8am to 4pm

The Senior Center Will Open August 2, 2021. Hot lunches will be served in the dining room Monday thru Friday for dining room consumption.

Drop off documents and rent in the black box at the front of the office.

Monday thru Thursday 8am to 4pm

Pest control will be doing outside treatments in August.

SPRING GARDENS 201 SPRING GARDENS RD. BIRMINGHAM, AL 35217 205-841-5032

MAINTENANCE: 205-808-4177

STAFF DIRECTORY

Nita Clark - Property Manager	Ext. 1102
Tammy Womble – Asst. Property Manager	Ext. 1104
Deborah Butler-Service Coordinator	Ext. 1105
Annie Thomas - Senior Center Manager	Ext. 1108
Mike Lansford	Ext. 1284

TIPS WHEN PAYING YOUR RENT

Be sure your <u>correct</u> address is on the check or money order, to ensure the payment is posted to the correct account.

Try not to wrinkle, fold or tear payment, in any way. If the scanner can't read the document, it can't be deposited, and you will be asked to resubmit the payment.



Global Fire and Sprinklers, LLC will be on property, over the next few weeks, working on the smoke alarms and the smoke alarm wiring.



Come join us. Play bingo for prizes on Aug.9th and Aug.27th. Bingo will be in the Center's dining room.

9:30am

Come join Glenda Kimbrell, in the craft room, Aug. 2nd for a welcome back party, snacks will be served.

10AM

UNITED HEALTHCARE

Carolyn Crawford, agent for United Healthcare, will be in our Center dining room on Aug. 4th. She will speak on Medicaid and Medicare and answer any questions you may have.

10AM

To All Medicare Residents

Oak Street Health invites you to a brunch and learn on August 11th at 10:00am in the dining room. Come see what Oak Street Health has to offer!! Look forward to seeing you.

BIBLE STUDY/ TRUE VINES MINISTRIES



WILL MEET IN THE DINING ROOM

Beginning: AUGUST 12TH AT 2PM

(Every Thursday at 2:00 PM)

DUMPSTERS

Please put all trash items inside the dumpster.

Trash must be bagged.

If a dumpster is full use another one on the property. **Do not** leave items on or around the outside of any dumpster. If you have large items, from your apartment, that need to be disposed of put them on the curb, near your apartment, and maintenance will pick up, when time allows.

Close the lid and/or doors after use.

No digging or scavenging in the dumpsters.

CALLING ALL VOLUNTEERS



The Senior Center is in need of a receptionist.

Anyone interested in working a few hours a day contact Tammy at 205-841-5032, ext. 1104

We are accepting applications for a kitchen aide.

(10-15 hours per week)

Call Tammy for details. (205-841-5032, 3xt. 1104)

Welcome Luretta!

COME MEET LURETTA, (The new bus driver) Monday, August 2nd at 10:00 Lunches are provided by United Way Area Agency on Aging. Donations, in any amount, are appreciated but not required. This is a nutrition program and not something you may "show up" to occasionally. Regular participation is required to receive hot, congregate, meals.

The food items, drinks, flatware and cups that are provided by United Way Area Agency are the only items allowed in the dining room. NO EXCEPTIONS. Condiments are allowed as long as they are store bought and labeled.

No one under the age of 60 years of age (unless it is a resident) is allowed to be present during lunch or participate in any other activity held at the Center during business hours. This includes children.

Policy on Foods Taken Away from the Center

Participants receiving a congregate meal shall be allowed to take home fresh fruit, unopened cartons of fruit juice; wrapped cakes, cookies and snack cakes, individually wrapped portions of corn chips or potato chips. All other leftover foods shall be discarded at the end of the serving day.

**Take only one serving of milk, juice, fruit, snack cakes & cookies with your meal. If there are leftover items, after everyone is served, you may help yourself to <u>one additional serving</u>. The milk must be consumed at the center.

If you would like to purchase an additional meal after everyone is served, they are available for \$3.56.

Hot lunches are ordered based on the number of people that support the center **regularly** and are served at 11:30, on a first come, first serve basis. The lunch tickets are limited to the number of meals ordered for any given day. Be sure to sign in daily by 10:30 to get yours before they're all gone. You must sign in and have a ticket to receive a meal. Please do not sign other people on the meal list unless they are in the building. We cannot hold meals for people who have a ticket and are not present at the time lunch is served. No lunches will be served after 12:00.

If, for some unforeseen reason, GA Foods is unable to provide food or the food is delivered and doesn't meet temperature requirements, we will provide a hot lunch from another source. Lunches will be provided, under these circumstances, to anyone signed up by 10:30 am.

**If you receive frozen meals at your apartment, you are not eligible to receive the hot congregate meals served at the Center Dining Room. (Based on guidelines of United Way Area Agency on Aging)

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YADNUS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Aug 1	2 SENIOR CENTER RE-OPENS 10:00am Ceramics	3 PEST CONT/OUTSIDE	4 1.0:00am Ceramics 10:00am UNITED HEALTHCARE	5	6 OFFICE CLOSED/DINING ROOM OPEN 9AM TO 1PM	7
œ	9 9-30am BINGO 10:00am Ceramics	10 PEST CONT/OUTSIDE 12:15pm Target Mail/Dollar Tree	10:00am Ceramics 10:00am Oak Street Health	12 9:30am EXERCISE VIDEO 12:15pm Thrift Store/Aldi 2:00pm True Vines Ministries	13 OFFICE CLOSED/DINING ROOM OPEN 9AMTO 1PM	14
15	16 9:30am_EXERCISE_VIDEO 1 10:00am_Ceramics	17 PEST CONTZ QUISIDE 12:15pm Flea Mall/Dol. Gen	18 9:30am MOVIE/ BLIND SIDE 10:00am Ceramiks	19 12:15pm Wel-Mart/Dollar Tree 2:00pm True Vines Ministries	20 OFFICE CLOSED/ DINING ROOM OPEN 9AM TO 1PM	21
22	23 10:00am Ceramics	24	25 10:00am Ceramics	26 12:15pm Fam.Dollar/Food Outlet 2:00pm True Vines Ministries	27 BINGO 9:30AM OFFICE CLOSED/DINING ROOM OPEN 9AM TO 1PM	28
29	30 10:00am Ceramics	31	Sep 1	2	ω .	4

Tammy Womble